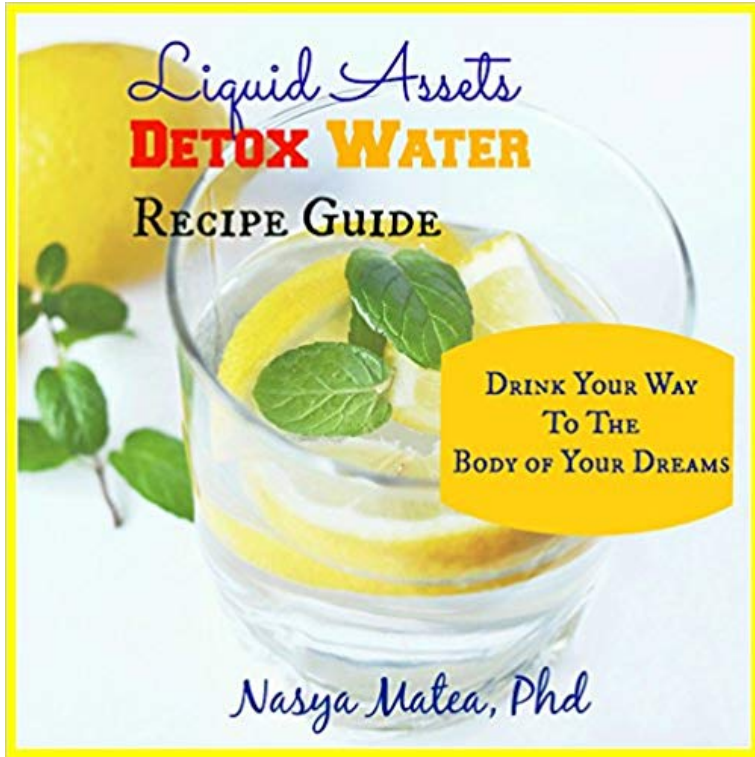


# Liquid Assets Detox Water Recipe Guide: Drink Your Way To The Body of Your Dreams



You might think making detox water is as simple as just throwing some fruit, veggies, and herbs into a pitcher of water and calling it a day. And to some extent you are right. However, when you are detoxing for fat loss, you have to be a little more strategic than that. You want to choose the right ingredients in the right portions to get the best results. When I first started drinking infused water, I scoured the net for days trying to find the right ingredients and portions that would give me the best results the fastest. Now I have compiled that information for you and compiled them in recipes that worked the best.

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