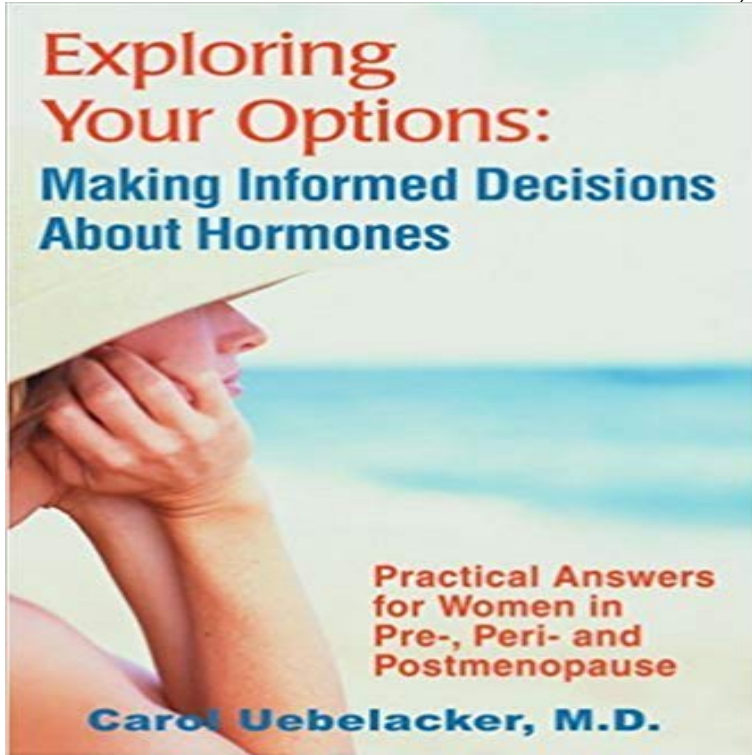


## Exploring Your Options: Making Informed Decisions About Hormones: Practical Answers for Women in Pre-, Peri-and Postmenopause



The Truth About Hormone Replacement Therapy As the news stories about the dangers of hormone therapy continue to hit hard, Dr. Carol Uebelacker has responded with a well-referenced resource for making informed decisions. Drawing on twelve years of experience working with pre-, peri-, and postmenopausal patients, Dr. Uebelacker has assembled a clear and concise reference for every woman. Exploring Your Options: Making Informed Decisions About Hormones Explains the Womens Health Initiative study that caused panic in July 2002. Introduces detailed information about the stages of menopause. Presents the forms of hormones currently available. Provides much-needed information about staying healthy in your later years.

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