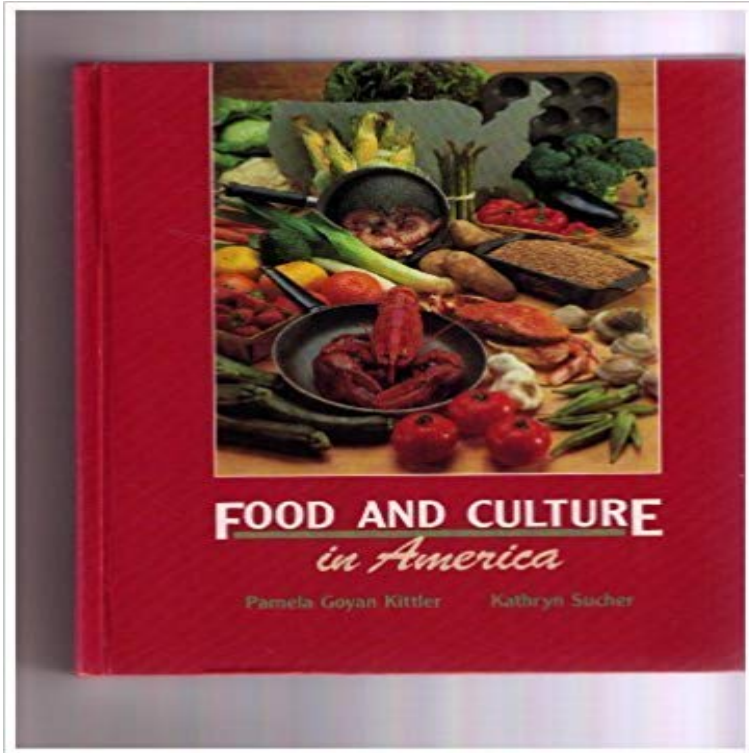


Food and Culture in America: A Nutrition Handbook



Designed to help dietitians, nutritionists, and all health professionals work effectively with members of different ethnic and religious groups in a culturally-sensitive manner. Acquaints readers with the many ways cultural heritage affects the food habits and nutritional status of individuals in the U.S. It is the only nutrition text that describes the health and food beliefs and practices for most major ethnic and racial groups living in the U.S.

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