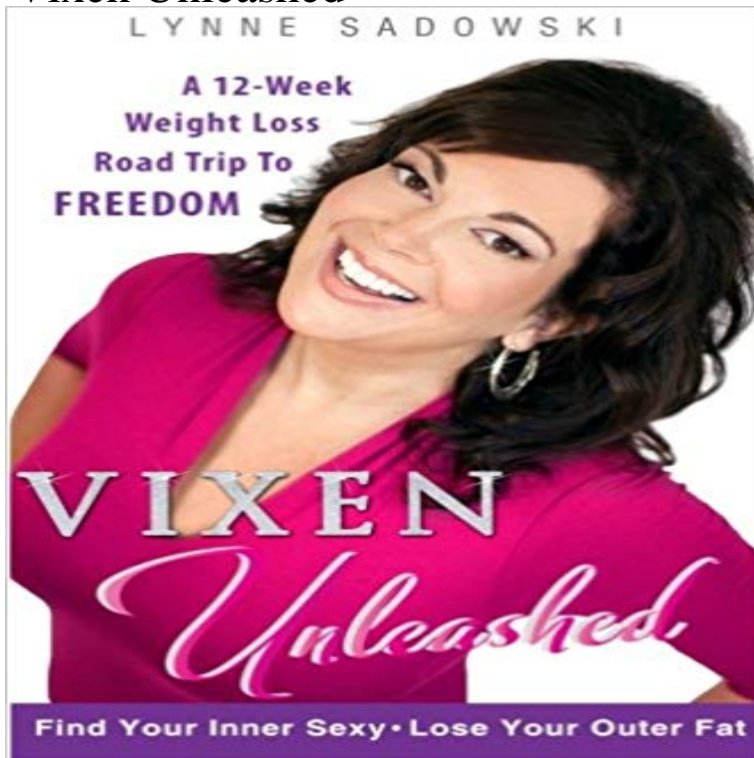


## Vixen Unleashed



Vixen Unleashed is an outstanding weight loss program for any woman who is struggling with weight loss, feels unattractive, or whose life seems to be spinning out of control. In her unique and entertaining style, Lynne Sadowski addresses the root of what is causing you to be stressed and overweight, then gives you a system to make the change you desire. Lynne isn't one of those experts that just talks the talk. In Vixen Unleashed, she shares her own, inspirational story of years of yo-yo dieting and stress eating, and exposes her vulnerability as she describes the moment she hits emotional rock bottom. Her ah-ha moment finally comes while taking a pole-dance fitness lesson at a local gym, where she rediscovers the confident and sensual woman that she truly is, and starts dropping pounds for good. In Vixen Unleashed, Lynne Sadowski reveals her secrets to weight loss success through a 12-week road trip down Interstate Vixen12, which begins in the Comfort Zone, and ends in the town of Freedom. With the help of Dr. Keesha Ewers, Sexologist and Functional Medicine Practitioner, Lynne outlines a nutritious, easy to follow eating plan called, the High Octane Diet. In addition, she shares her fat-blasting secret, the V12 Turbo Boost exercises, to help jump-start your metabolism and give you boundless energy. Lynne also teaches you her signature, gear-shifting techniques to alleviate the fears and toxic behaviors that lead to self-sabotage. She shows you how to find your inner sexy and lose your outer fat in this unparalleled, life-changing weight loss program!

[\[PDF\] Qualitative Personalbedarfsplanung - Theoretische Konzepte Und Empirische Befunde \(German Edition\)](#)

[\[PDF\] The Happiest Tree: A Yoga Story by Uma Krishnaswami \(unknown Edition\) \[Paperback\(2008\)\]](#)

[\[PDF\] Punish - Alexander Moreno \(Volume 2\) \(German Edition\)](#)

[\[PDF\] The Sutras on Healing and Enlightenment: A Spiritually Based Approach to Mind/Body Healing](#)

[\[PDF\] By Love Unveiled](#)

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